

Foundation and Intermediate level courses in Family Therapy and Systemic Practice

The Foundation and Intermediate courses offer training in the concepts and skills of Family and Systemic Psychotherapy. Both courses are accredited with the UK Association for Family Therapy (AFT). The training is suitable for practitioners working in a variety of settings, such as Health, Social Care and Education. The participants will be expected to apply learning from the course to their work setting during the course.

The training includes: -

- An overview of different theoretical models used for working with families, couples, other significant relationships and individuals
- Tools and techniques used for working with families, couples, other significant relationships and individuals
- Development of systemic practice skills
- Clear learning outcomes in line with AFT Guidelines
- Opportunities to consult on practice examples from your workplace

Both courses will run between October 2026 and May/June 2027 approximately fortnightly on Thursdays, for a total of 13 full days for the Foundation Level and 16 full days for the Intermediate.

Opportunities for systemic practice with families/couples during the course are essential.

Students on the Intermediate level of training require 10 hours of supervision with a systemic psychotherapist during the course.

- For entry onto the **Foundation** course a core professional training in health, social care, education, or equivalent is required
- Entry onto the **Intermediate** course requires completion of an AFT accredited Foundation Course

Course Fees

Foundation Programme - £1,600

Intermediate Programme - £2,090



Foundation



Intermediate

Closing date extended to: 31st May 2026

To apply, click the links below or scan the QR codes to access and complete the application forms:

[Foundation](#)

[Intermediate](#)

For further information please contact Wendy Smith (Director of Collaborative)
via email: FTTrainingsurreyhants@sabp.nhs.uk

Please note that the courses will run subject to a suitable number of applicants.



accredited